



Snack food that's not junk food

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PRODUCT INFORMATION & NUTRITIONAL DETAILS

Cashews – Roasted & Salted 45g

FEATURES

- Freshly roasted & salted high grade commercial quality Cashews
- Gluten Free



Fill weight: 45g	Packaging: P.E.T. snack tub, composite PET/PE lid	Sold as: Cartons 12x or 18x
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INGREDIENTS: CASHEWS roasted in vegetable oil & salted.
Tubs gas flushed with CO₂/N₂.

May contain traces of Peanuts or Almonds

Country of Origin: Made in NZ from local & imported materials

Shelf life: BB 9 months

Storage: Ambient, clean & dry, avoid strong light

ALLERGEN & INTOLERANCE AGENTS – contains / may contain

Tree nuts (Cashews)	Yes	Gluten	No
Peanuts, Almonds	Traces	Crustacea	No
Sesame	No	Fish	No
Soy products	No	Eggs	No
Milk (Dairy)	No	Sulphites	No
Bee pollen, propolis Royal jelly	No	Lupins	No

NUTRITIONAL DATA (averages)

Servings per package: 1

Serving size: 45g

	Per 45g pack	Per 100g
Energy (kJ)	1210	2690
Protein (g)	7	16
Fat total (g)	23	51
- Fat saturated (g)	4	9
Carbohydrate (g)	12	27
- Sugars (g)	2.7	6
Fibre (g)	1.5	3.3
Sodium (mg)	180	308

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details.

Please consult GONUTZ or your health professional for any specific dietary concerns.

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